WOTCHi
THE SMARTWATCH

DM10

Please read this manual carefully before using the product and keep it properly.

Package contents: watch (including strap) DM10, wireless charger DM10, DM10 product manual

Wireless charging

DM10
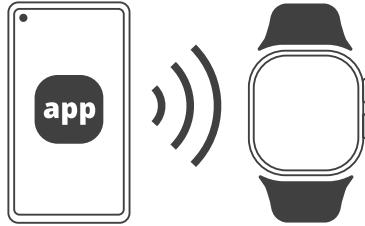### Product description

1

Open the package, follow the instructions to attach the straps to the smart watch, make sure the short strap is installed on the top of the watch body.
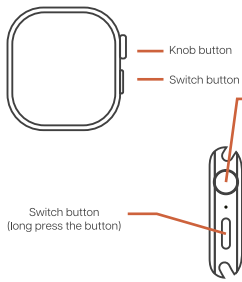
2

Put on your watch, press and hold the power button to turn it on.

3

Open the "RDFit" app on your phone and set up the device

Please place the back of the watch on the stand for wireless charging. While charging, the body of the watch will heat up slightly, which is normal. Full charging time is approximately 3.5 hours.

Knob button

Switch button

Switch button (long press the button)

Knob button

1. Short press on the dial page to enter the menu, short press to return to the dial

2. Double-click on the menu page to switch menus

3. Rotate the button to zoom icons, turn pages, etc.

4. Short press on the remaining pages to return to the dial page

5. Double-click the knob button when on the dial interface to open the voice assistant
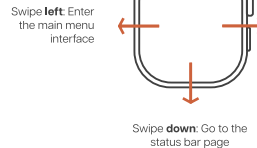
Controls

Connecting the watch download the RDFit app

Open permissions
Enable self-starting permission / Background power consumption protection / Clean up background protection / Turn on message notification

Open permissions

Swipe up: Message notifications

Swipe **left**: Enter the main menu interface

Swipe **right**: Enter the split screen interface

Swipe **down**: Go to the status bar page

Buttons, touch, watch connection

Watch Connects to Mobile Phone
1. Scan RDFit QR code by the browser of mobile phone to visit the download page for app download;
2. Search RDFit on Google Play of Android mobile phone or on App Store of apple phone. After the download is complete, there will be various permission reminders during the installation process, please tap all to agree.
3. Connect RDFit App
1) Connect by QR code: After the watch is turned on and enters the dial interface, slide down to open the Status Bar page, tap the " 🔲 " icon to pop up a QR code, and you can scan the code in the RDFit app to connect (connect to BT 5.1).
2) Manual Connection: After turning on the mobile BT, enter the RDFit app and tap "Scan Devices" to search for the model name of the watch (🔗 will be shown on the Status Bar page of watch after BT 5.1 is connected).
3) Connect BT for Calls: When the RDFit app of Android phone is connected to BT 5.1 of the watch, the RDFit app will pop up a request to connect to the BT 3.0, please permit and tap pairing; When apple phone is connected to the app, follow the app prompts and go to BT interface in the phone settings, find the BT 3.0 name and tap to connect. 🔗 will be shown on the Status Bar page after connection. After both BT 3.0 and BT 5.1 are connected, the icon 🔗 will be shown.
4) If BT is not connected or disconnected, the icon 🔗 will be shown.

Main Function Introduction:

Dial: Connect the mobile phone BT 3.0, make a call on the watch side
Call Records: Synchronize the call records of the mobile phone
Contacts: 20 contacts on the mobile phone can be synchronized
Pedometer: You can view the number of steps, calorie consumption and walk distance for the day. At 00:00 every night, the data of the day will be saved and reset to 0
Notifications: View the messages pushed by the mobile phone
Music: Control to play the music in the phone
Heart Rate: Hold the watch on the wrist, the best wearing position is from the wrist bone side to the arm. The real-time heart rate value can be measured. The normal value is 60-90 beats/min.
Blood Oxygen: Start the measurement immediately after tapping it. Please lay your hand flat when measuring, and the data will come out in about 15 seconds
Blood pressure: Start the measurement immediately after tapping it. Please lay your hand flat when measuring, and the data will come out in about 15 seconds
Alarm Clock: Up to five alarm clocks can be added via the app
Voice Assistant (Siri): After connecting BT 3.0 of the watch, tap Siri on the watch to talk
Sleep Monitoring: Your sleep duration will be recorded every night from 9:00 p.m. to 9:00 a.m. next morning. You can view the historical sleep records on the app, and check the duration of deep sleep and light sleep

Sports Track: After the watch connects the app, the app may enter any sports mode: running, walking, cycling, mountaineering, and for indoor running, it can be synchronized to the watch to show
Sports: The watch may choose multiple sports mode, such as running, walking, football, badminton, tennis, basketball, table tennis, cycling, yoga, rope skipping, mountaineering and other sports mode. After the exercise is completed, the data can be shown on the app
Remote Camera: When the phone is not locked, tap the BT camera on the watch, the phone will enter the camera interface, tap the watch to take a photo, and the photo will be saved on the phone. RDFit must be running for this feature
Find Mobile Phone: After connecting BT, tap Find mobile phone on the watch, the ringtone of the mobile phone will ring
Find Device: Tap Find Device on the app, the watch will vibrate to remind you
Weather: After connecting BT, the watch can display the weather of the day
Stopwatch: Turn on stopwatch to perform single or multiple timings
Breathing: Exercise duration and breathing rate can be set
Calculator: Work for simple calculations
Settings: Work for system settings
Push Notifications: After connecting the app, notifications will be pushed to the watch, which include WeChat, WhatsApp, Twitter, linkedin, Instagram, Facebook, Weibo, Line, Tim, Snapchat, Viber, and other third-party applications

NFC: The watch has a built-in NFC access control, currently supports unencrypted door cards with the frequency of 13.56MHz.
Bedside Light: Watch will activate the bedside light function when the watch is laid in landscape in charging and the watch will continue to display the time and charging progress at the lowest brightness. If you don't need this feature, you can turn it off by laying the watch in flat on the desk.

To start charging, place the back of the watch on the surface of the wireless charger. Charging instructions will appear on the watch display.

Recharge

Precautions
1. This product does not come with a power adapter. Users can use the computer USB or qualified power adapter to charge. The specification of the power adapter is 5V-1A. It is normal for the watch body to heat up at the bottom during charging. The heat will gradually decrease as the power increases, and the watch will be fully charged in about 3.5 hours. If you do not use the watch for a long time, please turn it off and keep charging it once a month to avoid damage to the watch caused by overdischarge.
2. The measurement results of this product are for reference only and are not used for any medical purpose. Please follow the doctor's instructions, and do not self-diagnose and treat based on the measurement results.
3. This product is not resistant to showers or saunas and cannot withstand water vapor, rain, swimming, etc. If the watch is damaged due to water ingress because of not following the instructions, the company will not provide free warranty.
4. The company reserves the right to modify the contents of this manual without prior notice. Some functions may be different in different software versions, which is normal.

Guarantee:

The warranty does not cover defects caused by the user as below:
1) Malfunction caused by unauthorized disassembly, modification of the watch.
2) Malfunction caused by accidental drop during use.
3) The warranty does not cover all damage caused by humans or improper use due to the fault of a third party (e.g. water ingress into the watch, violent damage, scratching of cosmetic parts, etc.

When repairing the product, state the cause of the malfunction and take the product to the points of sale designated by the manufacturer or distributors**.**